# snapshot

# **APL GLOBAL SCHOOL E- MAGAZINE**

Readers' Response

Scan this Issue and tell us what is on your mind!

**FEB 2020** 





Brand new features, exciting articles, amazing photographs and lot more



Do you want to know what is hot and cooking?

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#### Dear Readers,

For the past few months, we the snapshot team have been working diligently on the 25th edition of the snapshot issue. While the students are wrapping up the academic year 2019-2020, the snapshot team has been constantly working hard on collecting articles, thoughts and works of art. To conclude, we are delighted to present you all, the 25th edition of the snapshot issue.

As this is the first magazine after the new year we would like to wish all of you a happy new decade. In this edition of snapshot, we have Hot News, Open Boat, Dazzling Science (which give a little bit of information on the new virus), Junior Corner, Tiny Tots, Potpourri, Review Corner, Teacher Speak And Parent Speak.

This time in Review Corner, we have a review on Frindle (A Book) and Bigil (A Movie). Hot news keeps everyone up to date with the events that have been happening around our school and gives a little bit about a musical star whom all of you must know about. One of the most important bits of information is about the Vocational Courses which will help students with their future jobs. It is meant to provide them with experiential learning and to help them boost their confidence levels. They also use these courses and sell the fruits of their labors.

We would like to conclude by wishing you all the very best for all the upcoming events and exams. We would also appreciate,t if you can send us any artwork, writing and articles you wish to showcase. Hope you enjoy our latest snapshot issue.

- Jeffrey and Lee, Gr 9 C



Editorial Team Content: Snapshot Club Team Designers: Iniya, Dhanisha and Evelyn

#### **Disclaimer:**

We acknowledge that some of the images used are from the internet, modified to suit our educational magazine and not intended for any commercial purposes.



# **Grade 7 Field Trip**

Recently, the Grade 7 students had gone on a field trip to explore the different wonders of Math and History. For the Math exploration, they had gone to **Ramanujan Museum and Math Education Centre**. Located in Royapuram, a locality in Chennai, the museum is fully focused on Srinivasa Ramanujan, a well-known mathematician during the time of the British Raj. Later on, they headed to **Fort St. George** for the wonders of Chennai's history and how it had been shaped during the British rule. According to various sources, this building was found in 1644, which was originally used for trading activity and further settlements as it was considered as uninhabited land by the local people. By visualising it, I bet all the students learnt a lot during this field trip.



# **TEACHER'S DAY**

We celebrate Teacher's Day on the **5th of September** to honour our **late president Dr.Radhakrishnan** who himself was a teacher. We celebrate it on his birthday to go by his belief that "teachers should be the best minds in the country".

At our school we celebrated it by giving the teachers a break from taking care of us, which must be exhausting, and letting them do activities at the auditorium. While the students were taken care of by students of higher grades, the teachers had games, popcorn and other activities to do.



# Children's day

*"We worry about what a child will become tomorrow, yet we forget that he is someone today." – Stacia Tauscher* 

Children's day is a day where children are appreciated and celebrated. Children's Day is celebrated to increase awareness of the rights, care and education of children. In India, Children's Day is celebrated on **14th of November** every year as a tribute to India's first **Prime Minister, Jawaharlal Nehru**.

During the start of the day our teachers had organised a performance for us with singing and dancing to a variety of songs to help the students de-stress. Later on, the students had a cake cutting with our respective mentors. The Children also enjoyed the games that was organised by the teachers. The games included **Treasure Hunt**, **Uriyadi** (breaking pot), **Tug of War**, **Slingshot and many more**. The teachers also gave us wonderful personalised cards and told us how important we were to them.

- Aarav, Gr 9 A

# Santhe

- Mayuri, Gr. 9 D

There are some places hidden on the outskirts of the city where you can buy fresh locally grown vegetables directly from farmers. Also known as Santhe, local small vegetable markets are organised once a week, in various places on the outskirts of the city.

In APL we organized a small-scale santhe where we sold our greens freshly harvested from our school garden. We are arranging the santhe every wednesday to get a bulk load of vegetables and fruits every week.

One or two days prior, we send mail to all the staff and inform all the housekeeping staff about the santhe, so that they can buy. With the help of our 6th graders and our organiser Ms.Maya Ganesh, we successfully organized the santhe and earned a good profit which will be used for later crops. Moreover, some weeks our students get a magnitude amount of vegetables and fruits for santhe, in addition to that our students have planted various types of vegetables like **black corn, white bitter gourd and many more.** 



# **Junior School Science Week**

During the Science week students investigated on topics that interested them. Each grade has their own topic. For example grade 3 was investigating what type of paper makes the best paper airplane?

This topic is not a normal topic that they learn during school however they were interested in it. So the third graders made paper planes with different papers.

Grade 4 had a topic titled which material ball bounces the highest and why? This topic was also very different as no one had any interest of the ball material people nowadays use. So the fourth graders had investigated with different ball materials.

Grade 5 had a topic titled which material of cloth has the best rate of absorption? This topic is common in some areas of different countries and regions and hence, put some interest to investigate on this topic.

Grade 6 had a topic titled which type of parachute has good air resistance – cloth, paper or polythene? The 6th graders could not do real-life experiments so they investigated and researched on cloth, paper and polythene.

Grade 7 had a topic titled which corn pops the best, with or without oil? They had investigated this with thorough interest and we all bet they enjoyed the investigations.

- Jeffrey Thomas, Gr 9 C and Aarav Venkat Gr 9 A

# **DoE 9th and 10th Grade Adventurous Journey**

On November 22nd the students of grade 9 and 10 left on their journey to the Khilla Ghanpur fort in Telangana and arrived at The Golden Boulder Campus on the 23rd morning.

They were welcomed by all the facilitators and were taken around the campus. When being shown around campus, they learnt about the great wonders of the campus, things such as the 150+ year old neem tree, and how all the food was locally sourced in order to support village farmers.

They started off with the basics, how do you pack a backpack? This question may seem deceivingly simple, but no, there is a technique. The DoE students went through several other activities such as: Compass navigation, where they had a treasure hunt to apply the skills they've learnt; Bush craft; where they learnt how to make a fire, pitch a tent, filter water etc (the basics of surviving a night in the wilderness). This was part of their preliminary training.

The students were divided into four groups for the upcoming mountain hikes, wherein, two groups were formed into one rope, same with the other two groups. The first rope hiked 5-6 km uphill to the outskirts of Khilla Ghanpur Fort, consisting of an abandoned temple and a lookalike of 'Pride Rock'. The second rope hiked to the main landmark of the campus, The Golden Boulder. The very next day, it was the opposite. The first rope hiked to The Golden Boulder and the second rope, to Khilla Ghanpur Fort.

They spent their last night on campus by eating the traditional chicken dum biryani of their state and stargazing the picturesque night sky. On their last day, they filled their DoE diaries about what they did for the Preliminary journey and Qualifying journey and headed back to Tamil Nadu by train. The DoE students did have a memorable experience in Mahbub Nagar and we bet they would never forget it till their last breath.

### **Career Fair**

The Career Fair held on the 20th of December was attended by students from grade 8 to grade 12. It helped the students understand what they need to achieve to get into the University of their Choice.

However this also had other effects. While most of the students benefitted from the career fair, others felt intimidated by the requirement for the universities. I have interviewed some students and teachers and these are the answers:

#### How do you feel about the career fair?

Most of the 9th graders felt intimidated yet understood what they wanted for their future and what they needed to do to achieve it.

Omisha of grade 9 stated that she felt intimidated however it was very informative. Varsha of grade 9 felt intimidated by how much it required.

#### Do you feel that this was successful?

Angeline Ma'am: "It was, it was successful because they got exposure to different universities."

#### How do you feel about the Fair?

Priya Ma'am: "If someone is prepared they will use this to help, on their journey. However If they are unprepared they will feel intimidated by the results required." She also felt that there were not a lot of options for science or the Arts.

#### Some of the students feel that it is intimidating as the requirements are very high?

Kiran Ma'am had explained that this is definitely not meant to intimidate them. This Career fair was meant to help them understand what they needed to do to achieve their goal. However the school would help them to overcome any obstacles that they need help overcoming.

- Jeffrey Thomas, Gr 9 C

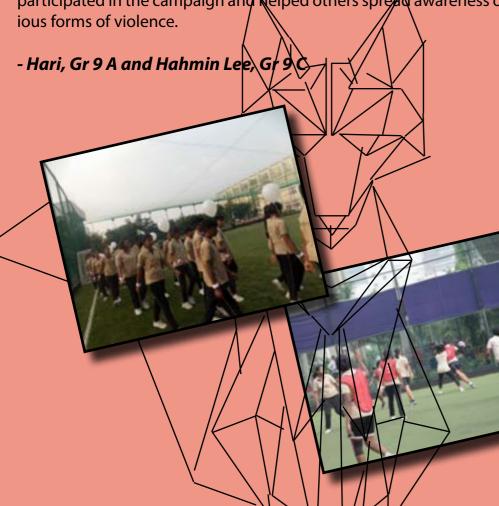


- Aarav, Gr 9 A and Varsha, Gr 9 C

# **Girl Up**

This year, Girl Up has geared up for new changes and is working hard towards their goal. The new organising committee, also known as O.C, has a lot of new positions this year such as advocacy, director, secretary and vice president to support and make their work more productive.

Recently Girl up has shown active participation by organising campaigns and voicing their opinions. In the month of December, students of APL participated in **16 Days of Activism Against Gender-Based Violence**, which was an international campaign organised by United Nations (UN). The campaign starts on 25th of November and ends on 10th of December, every year. In 2019, the campaign was under the theme, **"Orange the world:** Generation equality stands against rape." Orange the World campaign was an advocacy movement that challenged domestic violence against girls and women. On 20th of December, the students were asked to wear orange accessories to create more awareness on various forms of violence such as sexual, physical and psychological harassment. Furthermore, teachers and staff members of APL participated in the campaign and helped others spread awareness on various forms of violence.







# **Sports Day - Senior**

On 21st December, the senior students of APL Global School had a chance to showcase dance, martial arts and pyramid during their annual sports day meet.

The meet began with Kiran ma'am welcoming the students and parents. Kiran ma'am hoisted the school flag, after which the school prayer was recited. **Our chief guest, Mr. Washington Sundar,** kick started the event with an inspiring speech.

Students of grades 8 - 12, began with their parade. It was a matter of pride to watch all the four houses march forward. Next, the lighting of the torch started off with Tulsi S of Grade 10, soon taken by Adeesh of Grade 8 to Nicholas R of Grade 11, and last to Varun S.

The four sports captains with the two ASPL's took the oath given by the SPL. The achievers' report was announced followed by our chief guest declaring the Sports Meet Open. The girls' handball match and the boys' football matches commenced soon after, followed by a spectacular kalari show. The thematic dance by the students of grade 11 and 12 was a dazzling sight for the eyes.

There was then a display of the pyramids by the girls followed by the boys. This required rigorous practice and stupendous strength. The concentration was plausible.

Among the last events was the prize ceremony where the overall champions were awarded. Lastly, there was a Vote of Thanks and the meet was declared closed.

- Sudar, Gr 9 A



# **The Musical Prodigy of APL**

In this issue, we have Amithav of 9E, who never fails to amaze with his talent, tells us about his musical journey.

At the age of 10, he started to play guitar after being inspired by listening to rock music and artists such as The Beatles, Jimi Hendrix and Duane Allman; and now four years later, a certified Grade 7 ABRSM guitarist.

However, the guitar isn't the first instrument he started with, since Grade 5 he has been learning piano, which he only picked up as a hobby and now is a certified grade 6 Piano player

In school, Amithav is a part of two bands; Myth and Cosmic Raga.

This November, "Myth" had participated in an inter school competition called Band It, where schools all across India gathered to showcase their abilities in Mumbai. Our school went to the finals, but sadly lost. "Myth" had also gone to this competition last year, but they were unsuccessful.

However, Amithav was adjudged the best guitarist out of all the participants who attended the event.

He has performed in many events such as The landmark Quiz at lady Aandal school in 2019.

He is a big fan of the 60's and 70's Rock artists and also of the Blues.

We would like to wish him all the very best for a wonderful Musical future





# Overpopulation

Overpopulation is one of the major problems that a lot of countries face, however this is one of the lesser problems as there is not much that needs to be done to fix this. Overpopulation will not be the end of us as the population growth rate is decreasing as more and more countries develop.

During the 1400's we humans faced danger everywhere and the death rate of humans was on a constant rise. Due to this the birth rate was also on a constant rise as out of 5 children only 2 survived thus if the birth rate hadn't increased we would have died out. However as we become more developed our death rate had decreased and thus so has our birth rate. So, unlike what most people think overpopulation will not be the death of us.

Not all countries, however, have developed enough to overcome the death rate such as some of the African countries. Out of 54 countries 33 are least developed countries. As the living conditions are not as good as more developed countries the birth and death rate are both high. As the countries develop the birth and death rate will decrease.

http://www.overpopulation.world/

- Jeffrey Thomas, Gr 9 C





# **My Ideal World**

My ideal world would be one without boundaries. A place where the meaning of democracy finally plays its role and people are in charge of the factors that define them and not the other way around. A world where people can say what they like without worrying about the consequences, and do what they want without facing judgement from others. Somewhere where stigma is non-existent, and people are accepted for who they are, regardless of their background.

My ideal world would be free of crime. Crime is an ugly monster hiding behind a shadow of lies; the innocent are often put away for a felony they didn't commit, while the guilty are let free of charge and continue to put forward their malicious acts. I would demand that justice is always rightfully served, in a perfect world where bribery and corruption are not heard of. Crime destroys the admirable side of people-the side that needs to be broadcasted for the rest of humanity to see. It brings out the worst in everyone-criminals and victims alike; a ruthless, merciless killer on its own.

My ideal world would be balanced and harmonic. The thought of a socio-economic hierarchy would be erased from the minds of the people, and replaced with thoughts of unity and conformity. A haven where people aren't first judged on the state of their clothes or their presentation. Somewhere, where the rich and the poor have no significant differences that keep them apart and wary of each other, because, why should such differences exist? Who taught us that the heart of a man on the streets was any different from a millionaire? The opinions of our predecessors have been whispered into our ears generation after generation, so how can we possibly make our own choices on what's right and what's wrong?

In my ideal world, people wouldn't be afraid to speak up. We're inclined to be scared of society. Everyone wants to be accepted, and it's when we go against societal norms that we are scrutinised, so naturally, people are afraid. We can never ask people to ignore the opinions of other, because insecurities will always remain, but we can ask society as a whole to, if not accept the unique ideas of other, restraint from dissecting each of these ideas to find any errors they may have made.

My ideal world would be symbiotic. I believe in the philosophy we get what we give, and humans are selfish enough to do nothing without incentive. This is perfectly acceptable as long as it's reasonable. There is a thin line between greed and sensibility. Greedy people wish to get the prize before doing the work, but sensible people have accepted the fact that nothing useful arises from dreaming up unrealistic fantasies. The world needs more of these people, and it's only when they rise will the world actually face the change it needs.

That is my idea of an ideal world. Unfortunately, the world I live in isn't this perfect, but it could be, one day. And it will take not a single person, but all of us, collectively to bring up that world – our ideal world.

- Meghna Sriram, Gr 11 C



# Unorthodox

It's interesting, he thinks, they way the city is at night. The usually bustling streets have quietened down, with the occasional lone person lazily walking down the road. The entire aura, the entire atmosphere, flipped in the span of just a few hours. "I guess it's good, easier to get the job done", he mumbles to himself, "though a bit of noise could make it less creepy."

Sighing, he retreats back to his small apartment. Getting ready for work takes too much time, and though it's for a good reason, he isn't happy about it. "Why does fire have to burn?", he groans as he puts on the thick, bulky jumpsuit. If he didn't like his job, he would've ditched it a long time ago. He wore his bag and quickly walked out of the house, the door automatically locks with a soft "click" behind him.

Walkingtory at a steady pace, the night air blew his long strands of black hair out of his face. "Christ", he exclaimed when he saw the time, "there guess my sleep schedule. Darn this job, is it even considered a job?" It wasn't exactly an orthodox line of work, and the work didn't have an orthodox outcome. It was kind of like being a vigilante, but the whole justice part of it was questionable.

Jerking his head up, he realised he had reached his destination. Double checking with the address in his pocket, he sprinted up the fire exit to the room on the second floor. Slowly opening the door, he surveyed the room as his eyes adjusted to the lack of light. A long oak table sat at the center of the room, plush chairs placed neatly at it. The room itself was huge, the white curtains creating a haunting effect. The ceiling was painted white, diamond chandeliers swaying slightly with the breeze.

Shame it would be blown to bits soon.

Pulling out a bottle of kerosene, he poured some all around the room, making sure to put a bit more around the table, in the end using up around three bottles. After checking the room one last time, he lit a candle and placed it near the kerosene trail. Leaving the door a bit open, he sprinted down the fire exit and down two blocks, away from the soon-to-be-burned-builing but close enough to see it.

"Three, two, one."

Smoke starts escaping from the slightly open windows, flames tinting the glass soft hues of orange and yellow. The heat eventually started to attract neighbouring peoples' attention, and shouts could be heard. It was about to get messy, and he wasn't going to be here to see it. He spared one last glance at the building, more smoke slithering out of hidden cracks and the flames growing in size.

He walked back home, inhaling the crisp night air.

As he lay in bed a while later, he closed his eyes as the faint sound of sirens grew closer, and the yelling of far away people grew louder and more frantic.

He fell asleep.

- Diya Prakash, Gr 8



"Are you ready!" Collin exclaimed.

The hall rose into sudden exhilaration as soon as he began. The audience whistled and cheered, creating a messy, yet a unified set of tunes. When the crowd slowly fell back into a tense silence, Collin sprang onto the stage. As usual, he had his smug face along with his mustache that never failed to lose the symmetrical curl. His sharp nose glinted under the light with pride. With the enormous fans in front of the stage, his claret-coloured cape dramatically fluttered behind him, like a flag celebrating his empire.

"Collin, Collin, Collin!" The crowd welcomed him.

"One, two, three," Collin muttered along with the beat and on the fourth beat, he began to sing as he energetically coursed across the stage.

The concert went on, but neither Collin nor his fans seemed to lose the excitement. They were truly living the moment. Four hours in, the concert was coming to its highlight. When it was time, Collin climbed onto an on-stage elevator.

"People! we are here. We came all the way to the highlight. Le-----t's sing ....."

"The anthem!!!!!!!!" The fans interjected. The anthem, that was Collin's signature song. The song that brought him all the way here, that helped him gather millions of fans worldwide.

"Eeeeeeeeeee!"

Right at the moment, the guitarist plucked the string.

"Yeaaaaah!" Collin too yelled at the peak of his voice. A magnificent scene then unfolded. Lights blinked on and off spasmodically in various hues as the lasers streaked the hall sending currents of electricity through the people's veins.

As adrenaline sprinted through his body, Collin started to jump to the prelude of his song. The elevator started to ascend, along with the cheers that grew bigger every second. His jump paced faster, faster and faster, until...

"Baam!" The singer slipped and fell helplessly onto the stage.

Murmurs passed by; everything went quiet for minutes. Collin, fortunately, was very much alive. Was it the boiling affection of his fans? Despite the hard drop on his face, He didn't feel pain at all. He was waiting for the right moment to get up, to create a 'dramatic effect' that was going to absorb attention towards him. Lying on the stage, he imagined of all the magazine articles that were to worship about him. How invigorating it was!

As he spent his time fantasizing, the first aid team neared to check on him. With an abstained gesture, he got up. He acted to stutter his steps while frowning to show a sign of a headache. He took three deep breaths and exclaimed, "I'm alright!" But as people saw him stand back up on his feet, they gasped again- this time in shock. Soon Collin caught the change in the atmosphere of the stadium and turned to see himself on the large screen behind him. There he saw himself, the real Collin. B. Yeates that he tried hard to hide.

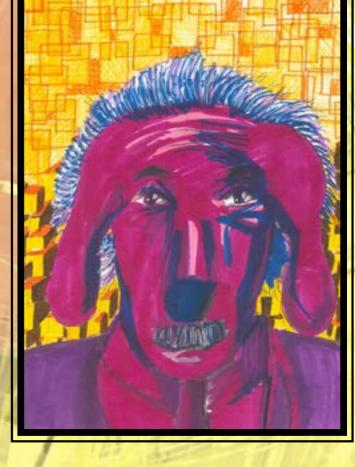
His perfectly-sloped nose was now gone to reveal his flat nose. The prosthetic that molded his nose was dangling on one side. To make matters worse, his self-adhesive moustache had stuck to his cheeks. Utterly terrified by the disaster, Collin quickly pulled the fake pieces of his face. It pinched the little but it was not the time to acknowledge the pain. He smiled sheepishly attempting to settle the confusion a bit. However, the seats were being emptied already leaving Collin dejected.

The next day, magazine fronts gossiped about the fake life of Collin. B. Yeates. His fans had turned away from him. Collin sank from the top of his kingdom to the bottom of the real world. His life was too vulnerable under the vigilant eyes of the media; his name passed on the tongues of many, maligned to a greater level as his story remained. Gladly or not, people slowly lost the memories of him. Their eyes strayed off to read about next fallen star, who would be replaced again, again and again.

- Hawon, Gr 11 C





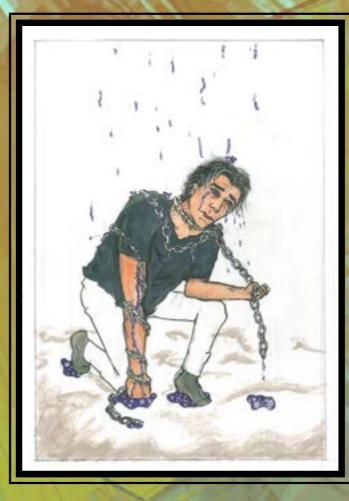


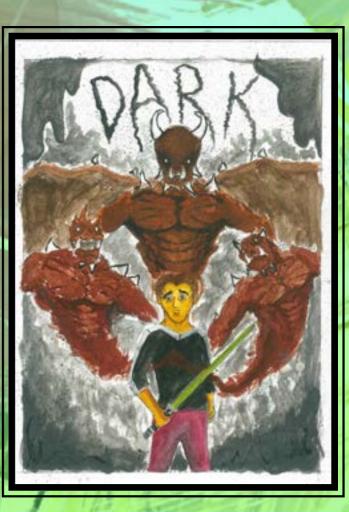
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ADITYA HARI. GRIIE

# ARTWORK







ISHAAN KANWAR. GRIO C

# ARTWORK







KAVYA. GRII D

# ARTWORK



















































# **A Little Suspicious**

I was suspiciously sitting at the breakfast table. Why? My older twin sisters, who are normally nice to me, started ignoring me. What was even more alarming was that they usually despise each other: Liv was carefree, clumsy and fun-loving; Maddie was practical, responsible and careful girl.

I was feeling depressed, left out and rejected. There was a blinking tube light, a hole in my T-shirt. I looked hoping to see something better instead I saw that my favorite flower that had just bloomed yesterday wilted. It was bright and sunny which meant I had to go to school today and on top of all that there was no topping for my pancake! The world had turned on me.

I saw the bus and dragged myself out. I did not have any friends in my bus so I would normally sit with Liv and play a game. On the way back maddie would help me with my homework. Today both way they avoided me and kept muttering and giggling while I sat alone feeling sorrowful.

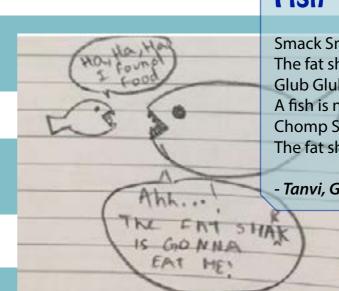
At school I was not able to concentrate. I was only focused on Liv and Maddie coldshouldering me.

I arrived home and left for rowing class. I started to feel angry. I felt so annoyed I actually rowed very powerfully, that the coach moved me to the next level.

I reached home and never thought I had lots of homework to do, my mom took me to my friends house; this was a bit suspicious. I went anyways.

I got home and to my surprise Liv and Maddie had thrown me a surprise birthday party, I was feeling so bad that I forgot it was my birthday.

- Ada Venkat, Gr 6 E



# **Fish**

Smack Smack Smack The fat shark wants a snack Glub Glub Glub A fish is nearby Chomp Smash Gulp The fat shark ate the fish

- Tanvi, Gr 5 B

# The Red Riding Hood

Little red riding hood Strolled through the wood She had a basket full of food She had a very good mood She wore a hood She met a fox Which talks She ran to her grandma's house In her surprise, she met the fox She screamed with pain When the hunter saw her faint The hunter killed the fox Buried it in a box.

- Vihaan, Gr 5 B

### My Family

I love my family. To my happiness, they are the key. They give me many gifts. In the air, mummy lifts, Gives me a loving kiss, And with a hug, I return this!

- Keerthana Balasubramanian Gr 2 E







### **Expressions - Creative Movement**

Creative movement sessions offer a safe space where one is able to creatively solve problems, collaborate with others, express feelings, accept and value individual differences and be a respectful and responsible individual.

The classes aim at increasing awareness of the body and the space that surrounds it. This, in turn, makes the individual sensitive to their own bodies and to other bodies that they relate to.

A movement class that doesn't force students to assume 'dance' positions they are completely unfamiliar with nor imitate movements provided by the teacher. Rather, the teacher provides them with frameworks within which students create movements of their own, thus arriving at a confident thinking body.









This year the tiny tots from Pre KG at APL learnt to showcase their talents in various ways. These youngsters took part in many innovative and fun activities such as balance walking, dress up and a talent show for children's day and role play. Not only this but they also unleashed their artistic side by painting with their fingers, and telling stories by making the characters using craft materials.





Tiny Tots - Pre KG

Dressing up to make Children's Day special

Relax with Belly Buddy Breathing

Our eager young masterminds from LKG are not be left behind. They too had their share of fun in a vast array of exciting projects such as, sack race, leaf painting, reaching numbers and pin a tail. These kids also mixed learning with excitement through many interesting sessions including a cobbler's visit, a field trip to the dental clinic, match the same sound (with letters), and a nature walk. They also conducted a Grandparent's Day for their grandparents.













they take a walk around the school to learn about different plants.

Grandparents Day by Inviting them to their School.







Tiny Tots - LKG

The students of UKG began their journey this year with a trip to Dakshinachitra which they truly enjoyed. Meditation is another activity which the students enjoy during the circle time. They also engaged in habitat based activities which was a point of learning. The day the adoring tinytots came in ethnic wear was a feast for everyone's eyes. Teacher's Day were also celebrated with full fervour.





Tiny Tots - UKG

The students of Grade 1 went on a field trip to Turyaa hotel which was an enriching experience. There were a number of activities conducted by them and also for them. To name a few Class Assembly, Grandparents day, Independence day celebration, Swadeshi week, Children's day celebration and various baking activities.









Tiny Tots - Grade 1













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The various activities lined up for the students of grade 2 were field trips to the modern bread factory, gardening activities, planning for role plays, Assembly and creative writing with shape art. Teacher's day with senior kids shadowing was another event that the kids enjoyed thoroughly. The 100th day at school was a memorable day for all the kids.







#### Play is not a HOBBY, Play is INDISPENSABLE

Play is the language of a child, which makes the child feel loved and secured. When a child plays, they learn about themselves and their surroundings. This includes how to coordinate their body movements, talk with friends, apply rules, and more. But the learning process is even broader than this.

Play is more than we think; it is a way for children to familiarise themselves with the world while exploring and testing their own limits. At the same time, they are engaged in an activity that provides them enjoyment or amusement. Promoting playtime helps children learn about their skills and abilities, while interacting with others and their surroundings.

As the child grows, the way he plays will change – he'll get more creative ideas and experiment more with toys, games and ideas. This means he needs more space and time to play. Also, children move through different forms of play as they grow. This includes playing alone, playing alongside other children and playing interactively with other children.

Older children also gain something additional while they play—they discover their own interests and passions. It is the building blocks for establishing confidence, coping abilities, flexibility and positive interactions with others. Through play, the child will be able to apply these skills as he grows into a young adult.

#### What Children Learn Through Play...?

- When children play, they are developing skills in all areas of development: cognitive, physical, communication, and social/emotional.
- Play promotes healthy habits by actively engaging children in the world around them. This counteracts issues many children face today, such as childhood obesity.
- Play is a natural stress reliever, and an outlet that allows children to work through their anxiety and fears.
- Children make their own decisions during play; they begin to make connections between their choices and the natural consequences of those choices.
- Play supports the development of self-control which is critical for success later in life. Play allows opportunities for them to regulate their feelings, delay gratification, and negotiate with others.
- Play helps children develop mindfulness as well as feel safe and secure to try new ideas and experiment.

#### If a child doesn't want to play...

There might be times when your child doesn't want to play – for example, he could be tired or bored by doing the same activity for too long. This is normal and usually nothing to worry about.

But sometimes a total lack of play – or a lack of interest in play – can be a sign of a developmental disorder. Please seek professional help, if...

- The baby doesn't seem to get into interactive play like peekaboo
- The toddler has only a narrow interest in toys, or doesn't use toys in a functional way
- The pre-schooler isn't interested in playing with other children, or isn't interested in playing pretend games.



#### Tips to Encourage Play...

- Children need open-ended, unscheduled time to explore and discover.
- Limit screen time and the use of gadgets.
- Include different textures and colours that enhance interest, curiosity and develop sensory integration.
- Give the child undivided attention.
- Help the child getting started with an activity, if needed.
- Give the child opportunities to play with other children.
- Don't interrupt the train of thought of the child if he is playing well.
- Imitate, elaborate, appreciate the creations and ask questions occasionally.
- Try to keep out of the way, but stay available nearby.
- It can be tempting to coordinate play, however child-directed play increases self-regulation and exploration.
- Incorporate common household items in play.

- Palnila, Harini & Merlin Department of Occupational Therapy

#### DAZZLING SCIENCE

# **Excercise Caution: Coronavirus**

Coronaviruses (CoV) are a large family of viruses that cause illness ranging from the common cold to more severe diseases such as **Middle East Respiratory Syndrome** (MERS-CoV) and Severe Acute Respiratory Syndrome (SARS-CoV).

Coronaviruses are transmitted between animals and people. Detailed investigations found that SARS-CoV was transmitted from civet cats to humans and MERS-CoV from dromedary camels to humans. Several known coronaviruses are circulating in animals that have not yet infected humans.

#### Common signs of infection

- respiratory symptoms, fever, cough, shortness of breath and breathing difficulties. In more severe cases, infection can cause pneumonia, severe acute respiratory syndrome, kidney failure and even death.

#### How can we prevent infection.

- Avoid close contact with anyone showing symptoms of respiratory illness such as coughing and sneezing.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.
- Thoroughly cooking meat and eggs.
- Wash your hands regularly

#### Should we panic?

No.

The spread of the virus outside China is worrying but no need to panic. Meet a doctor as soon as you sense any of the symptoms.

- Armaan Sadat, Gr 8 C



# **FOSSIL FUELS**

# *"The key to growth is the introduction of higher dimensions of consciousness into our awareness" - Lao Tzu*

Fossil fuels are hundreds of millions of years old, but in the last 200 years, consumption has increased rapidly, leaving fossil fuel reserves depleted and climate change seriously impacting us. Reserves are becoming harder to locate, and resources are not going to last forever.

One of the students from APL brought in the thought of spreading awareness concerning fossil fuels as a part of his PBL project.

Project based learning is part of APL's academic curriculum, which has helped students in researching on a particular topic. Our students explore their pensive ideas on the driving question or research question they are working on. Furthermore, the students are given the liberty to drive their own research question in their field of interest.

Keshav, a pupil from grade 8, has been motivated on the research of fossil fuels. Keshav's intention of this project was to extend the awareness on the importance of the conservation of fossil fuels. He took the initiative to collect fossil from the place named Ariyalur, a place located on the southern part of India, surrounded with lumps of limestone. Keshav has successfully completed his presentation on the awareness of conservation of energy.

- Mayuri, Gr 9 D

#### **MERAKI MADNESS - A PLACE FOR NIOS TO EXPRESS THEMSELVES**

Meraki, a Greek word meaning to do something with passion and complete devotion, is a space for NIOS students to express themselves through various art forms such as: painting, photography and music. They do a numerous projects from junk and recycled objects, some have been based on mental health, and they have been working on a "dear friend" project, which involves writing a letter to a friend who is emotionally distressed. This kind of art is very therapeutic to the students.

The Meraki team aims for exposure of this kind of art to NIOS students as it is important for them to explore things. The teachers in charge also aim to expand this concept to the rest of the school and make increase awareness of everything that goes on in the Meraki room.

- Varsha, Gr 9 C



### NIOS VOCATIONAL COURSES

This year, the NIOS department has geared up by Introducing vocational courses for the NIOS students during their academic hours from the second semester of the academic year 2019-2020. At some point of time, people begin to realize the importance of education that will help students with future jobs and opportunities. Vocational education involves skill-based training, through various courses in various career fields. It helps the learners to apply their practical learning and expertise in a particular area. In turn, it would be a career-oriented forum that will enable them to become self-employed individuals or businessmen.

The program's main goal is to provide students with experiential learning, improve their self-confidence, and also create a path to become a potential entrepreneur. Once the course is successfully completed, the participants will be given a certificate from the teacher.

To begin with, the NIOS students were provided with a variety of different courses such as 'mushroom cultivation' and 'preservation of fruits and vegetables.'

 Mushroom Cultivation Programs: Products - Oyster mushroom
Preservation of fruits and vegetables:

Products – Orange, Lemon Ginger and Pineapple Squash, Pineapple Cordial, Szechuan, Tomato and Pesto sauce, Amla

and Tomato Pickle, Pineapple Jam

\*All these products are made by the NIOS students of APL with the guidance of the subject expertise.

The NIOS department has started to sell the products that are made by the NIOS students.

# NIOS Dgsk

#### **Riddles**

- Jacob's father has three sons: Snap, Crackle and \_\_\_\_\_
- 2. What has many keys, but can't even open a single door?
- 3. Re-arrange the letters, OOUSWTDNEJR, to spell just one word. What is it?
- 4. What is more useful when it is broken?
- 5. What is black when you buy it, red when you use it, and gray when you throw it away?
- 6. I am white when I am dirty, and black when I am clean. What am I?
- 7. Always in you, Sometimes on you; If I surround you, I can kill you. What am I?
- 8. The more you take away, the more I become. What am I?
- 9. I am not alive, but I grow; I don't have lungs, but I need air; I don't have a mouth, but water kills me. What am I?
- 10. The more you take, the more you leave behind. What am I?

#### Answers:

- 1. Jacob
- 2. A piano
- 3. JUST ONE WORD'
- 4. Egg
- 5. A Charcoal
- 6. A blackboard
- 7. Water
- 8. A hole
- 9. A fire 10. Footsteps

- Quíz
  - 1. What is always coming, but never arrives?
- 2. What can be broken, but is never held?
- 3. What happened when the wheel was invented?
- 4. Who is bigger, Mr Bigger, Mrs Bigger, or their baby?
- 5. If a plane crashes on the border between the United States and Canada, where do they bury the survivors?
- 6. What do you call a woman who knows where her husband is all the time?
- 7. Uncle Bill's farm had a terrible storm and all but seven sheep were killed. How many sheep are still alive?
- 8. How was it possible that every single person in an airplane crash died, but two people survived?
- 9. If an electric train is moving north at 100mph and a wind is blowing to the west at 10mph, which way does the smoke blow?
- 10. How did the boy kick his soccer ball ten feet, and then have it come back to him on its own?

#### Answers:

- 1. Tomorrow
- 2. A promise
- 3. It caused a revolution
- 4. A baby, since he is a little bigger
- 5. Survivors are not buried
- 6. A widow
- 7. Seven
- 8. The two survivors are married
- 9. An electric train has no smoke
- 10. He kicked it up

#### Top 10 songs of 2019

Bad Guy – Billie Eilish Thank u, next – Ariana Grande Old Town Road – Lil Nas X, Billy Ray Cyrus Hollywood is Bleeding – Post Malone Memories – Maroon 5 How Do You Sleep – Sam Smith You Need To Calm Down – Taylor Swift Someone You Love – Lewis Capaldi Senorita – Shawn Mendes, Camila Cabello I'm so tired – Lauv, Troye Sivan

Potpourri

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#### **Paneer Tikka**

- 2 cups Paneer cubes ((Cottage Cheese), cut into 1 inch cubes)
- 1 medium sized onion (cut into 1 inch cubes)
- 1 capsicum (deseeded and cut into 1 inch cubes)
- 1 large tomato (deseeded and cut into cubes (optional))
- chopped Coriander or Cilantro, Lime juice for topping

#### For the marinade

- 3 tablespoons Mustard Oil
- 1 teaspoon Garlic Paste
- 1 teaspoon Ginger Paste
- 1/2 cup thick Curds (or Greek Yogurt)
- 2 teaspoons Kashmiri Red Chilli Powder (or Paprika)
- 1 tablespoon Coriander Powder
- 1 teaspoon Chaat Masala Powder ((available at Asian/Indian stores))
- 1/2 teaspoon Garam Masala Powder
- 1 teaspoon kasuri methi (crushed)
- alt to taste

#### **How To Make**

1. Mix all the ingredients under marinade into a bowl and add paneer to it. Toss the paneer in the marinade till the cubes are coated well. Cover and set aside for at least half an hour or up to two hours.

2. Pre-heat oven to 220 C/ 430 F 10 minutes before ready to cook. Place a cooling rack over a roasting pan and set aside.

3. Skewer paneer cubes alternating with onions, capsicum and tomato (if using). This should make about 3-4 skewers.

4. Place the skewers on the cooling rack and bake for 15 minutes, turning once half way. After 15 minutes, switch on the broiler (or only the upper element of the oven) and broil for 2-3 minutes till the paneer has a slight char on the surface.

5. Carefully remove the roasting pan with the skewers out of the oven (the paneer tends to become really soft so be careful) and place the skewers on your serving platter. Top with chopped coriander and squeeze lime juice on them. Serve immediately with sliced onions.



#### TOP 10 K-POP SONGS 2019

**Boy With Luv by BTS** - It's the leading track in the band's 2019 comeback album. The theme of the MV is a boy's crush his thought process thereon.

*Kill This Love by BLACKPINK* – The leading track in BLACKPINK's latest mini album, this song revolves around a woman who realized that her love was toxic and therefore wanted to "kill" it.

*FANCY by Twice* – This song is the lead track of their album "Fancy you", and acts as the voice of a girl confessing her love.

*Obsession by EXO* – This is EXO's latest comeback, wherein they compare their present selves to their past counterparts. It deprecates their past actions.

Adios by Everglow

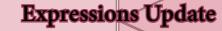
**BOOM by NCT Dream** 

Superhuman by NCT 127 You Calling my Name by GOT7 Run Away by TXT Miroh by Stray Kids



Potpourri

# Expressions Inlimited



COOKERY: They discuss recipes, cooking techniques etc, and applied that knowledge while making different items. They made chocolate (from scratch) chocolate chip cookies, and tater treats.

GIRL UP: This term Girl up is challenging clubs across India to call decision makers and sponsor the "Keeping Girls In School Act". In fact, some members of APL Girl Up go and teach English to girls who attend Tamil medium schools.

MUN: Their sessions are mostly interactive. They discussed the APL MUN, what happened and how they could have been better. They also discuss techniques for better debating skills.

SNAPSHOT: We divided the team into different sections so that we could simultaneously collect information, design the pages and write the articles. We try our best to cover all the events that are organised in the elementary, junior and senior sections of the school.

DEBATE: This time around the debate club has conducted some very interesting, interactive sessions. They broke down the process of preparing for a debate and case building, discussed the necessary and unnecessary information and also looked into the parts of an argument, the logic applied in building an argument.

THEATRE: They conduct different theatre activities every class like, push & pull and mirroring. They also conduct discussions regarding content development and analyse movie scripts. They will also put up an assembly later in the year.

FINANCIAL DTERACY: The students learnt how to save money, about cheques and how to be safe while handling them. They also learnt about investments i.e. mutual funds, share market, loans and deposits. They also analyse case studies on preparing budgets and wealth management.

- Ananya, Gr 9 E

#### **Organic Farming**

On the 12th of november the students of grade 9 were taken around the school organic farming gardens. It was a workshop to educate us about how, why and what happens. We were taught about what the natural method of pest control is and how it helps the plants when there is minimal interaction between the plants and the humans. There is no special method so to speak, however they do use a technique which is imitating nature. The reason for this is because nature has had millions of years to perfect what it does and there is a perfect balance. This is the key point and is very important as, if nothing is done and the plants are allowed to grow on their own, they will take care of themselves. The science behind this is, that, when there are a lot of different types of plants each of them take care of each other's need. When a plant gets attacked by a pest the plant starts growing resilient to the type of pest. Another positive effect is that each plant has its own natural defense against different pests. So when a particular type of insect wants to eat a plant it is deterred from eating because of the smell that another plant emits. This way each plant helps each other. This leads us to another point, we don't need to use pesticides. Pesticides kill all the organisms not just the bad ones. Without pesticides an entire ecosystem can grow in the space of a small garden. If you take a walk in our school garden we can spot all kinds of lizard's insects and other creatures. All of this was explained to them in a more detailed way. Finally, they went to the Miyawaki Forest behind the senior building. Here the teacher explained what it does and why it is important to grow forests like this. The advantages were explained in great detail and we understood why organic farming was so important.

- Jeffrey Thomas, Gr 9 C

# Frindle - Novel

Frindle is a novel beautifully written by **Andrew Clements** an authour who has a track record of many best-selling children's books.

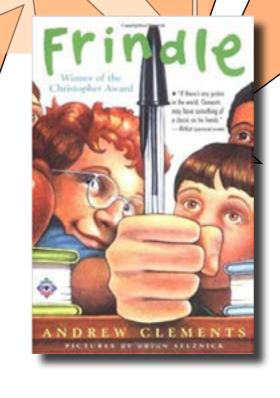
Frindle features a fifth grader named Nick Allen who is creative, to say the least. His innovative ideas can't be classified as "trouble", but can cause quite a stir. But, when he puts himself up against the "Lone Granger", his english teacher who has no room for nonsense, he goes all out. He comes up with an ingenious idea to make a new word; he replaces the word "pen" with "frindle".

This idea spreads through the school like wildfire and Mrs.Granger sets out to punish each every student breaking this rule. Eventually it becomes a word not only used at school, but all around town and Nick is considered a celebrity. Soon, his word is celebrated across the world.

Years later, he has settled down and his quite well off due to his trust fund. He also discovers Mrs.Granger played the villain in create more attraction to his idea. The book ends with this sweet notion.

This book shows that we can make a change in the world and we DO make a difference. A great feel-good kind of book.

- Sudar, Gr 9 A



# **Bigil - Movie**

**Review** Corner

**Plot:** A former football player tries to fulfill his father's wish by coaching the women's football team and winning a tournament.

Cast: Thalapathy Vijay, Nayanthara, Kathir, Yogi Babu, Vivek, Jackie Shroff, Daniel Balaji

It's definitely a football treat for all football fans, but it doesn't shine at its peak. We've all seen movies based on different sports with a touch of action and sentiment, like Ghilli, Aadukalam, Chak De India and many more. But, this movie is more similar to Shahrukh Khan's hit movie, Chak De India. Atlee, the director, was already in a loop after being accused of copying the story from another director. However, in spite of this, this movie was enjoyed by all, especially one of Vijay's characters was thoroughly enjoyed, Rayappan. This character was a full-on sentimental gangster/father, who had touched everyone's hearts.

Vijay's double-action role in this movie was neat, whereas, the other people like Nayanthara, Kathir, Vivek, Yogi Babu, Jackie Shroff and Daniel Balaji had done average in their respective roles. The electrifying performance by Vijay's Michael/Bigil and Rayappan was out of the world. The acting by him was top-notch. The women's football team had put in a satisfying performance by striving to be the best after facing sexism and other common problems in the society. Atlee's story wasn't very satisfying and his screenplay was decent. The music by A.R. Rahman was out of the world, especially Singappenney and Verithanam; the BGM was also amazing. However, all we can say is, **it's Chak De on steroids.** 

Rating: 3.5/5

- Aarav – Gr 9 A

# A tete a tete with Mr.Francis

#### What encouraged you to come to APL and start teaching?

That's my brother Edouard YAO who talked to me about APL and that there was an opportunity available as French Teacher. By the time I came for the interview it was just one among the options I had where I could work. But when I reached the place (APL), I was touched by the atmosphere and the people working here. The way they guide / assist / help the learners.

#### Where did you grow up and live before coming to Chennai?

I was born in Kinshasa, D.R.Congo, my beloved country. I mostly grew up and did my studies in Maths & Computer Sciences there. Then I came to India in 2012 for some other studies. I was mostly staying in Bangalore but I also visited other cities/states like Mumbai, Goa, Andhra Pradesh, and Chennai.

#### What was your occupation before teaching?

Before Teaching at APL I was working as a Software Developer in Bangalore. Initially in a Start-up then I continued to work independently as a Freelancer on different projects while at the same time Teaching French-English to School & College Students in my free-time (part-time work).

That was completely out of passion to help the new students coming from Non English speaking background/countries. I was providing support and assistance for their integration to the Indian culture as I was also Vice-President of our Community for 3 years (2013-2015).

#### Did you always want to pursue a career in teaching?

Not in the formal sense. Teaching came to me out of the passion to help others as mentioned in the previous question. As I was making a change in my career, finding a suitable place where I could teach professionally significantly impacted my choice, which I do not regret.

And now, I feel much more comfortable in my shoes.

- Varsha Venkat, Gr 9 C

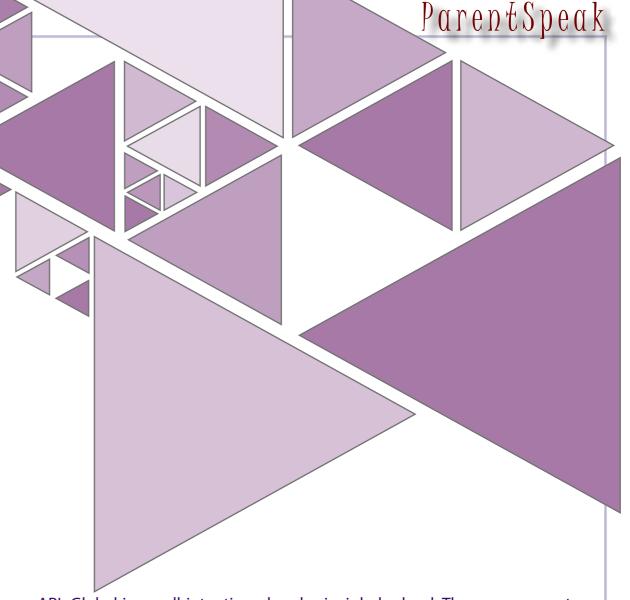
# **Inclusion Poem**

When I got to know the word inclusion I thought it was some kind of fusion Fusion not of music or art But of souls mediocre and smart I stood there as the teacher at helm Trying to bring out the best in them The smart child solved the problem so fast The slow child was wary of coming last I had to make both of them happy It turned out to be oh so trappy!! The smart child was now getting bored The slow child was beginning to feel ignored I asked the smart one to help his peer To tell him the concept and make it clear And now they always help each other So it's about seeing them as one, as does a mother!!

- Yusra, Faculty - Junior School

Jyotsna joined APL when she was in 6th grade. Time flies and she is already in Grade 9!! She has had an extremely enriching three years at APL. APL makes children think of themselves as people who find strength, nourishment, and joy in learning. The positive learning environment has helped Jyotsna shed all her inhibitions and has given her much needed strong start to her future. The knowledgeable and enthusiastic staffs encourage and celebrate every child. Diversity is APL's strength. The opportunities which she has been presented with, the wide subject choice, peer group which is as competitive as supportive have made her blossom to the young adult she is today. That she enjoys coming to school every day, unwilling to miss even an hour of school, makes me a very satisfied parent.

- Mahalakshmi Sankaran (Mother of Jyotsna, Gr 9 A)

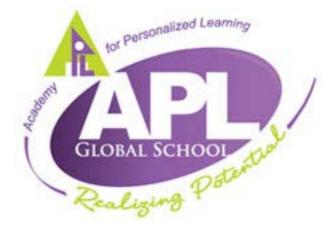


APL Global is a well-intentioned and principled school. The management is approachable, and the culture is inclusive to all kinds of students. It is worthwhile mentioning the extra care given to special needs of children, and the school's ability to support such special needs.

With respect to improvement areas, I think the school should create more public consequences for any behaviours that trouble other students. While the process of counselling and referrals is well meaning, it can sometimes be discouraging for those who bring up issues to the school if they see no visible consequence and make children feel that you can get away with errant behavior.

Overall, the school deserves credit for making the environment happy, inclusive and development oriented.

- Rajesh venkat, F/O Ada Venkat (Gr, 6 E)



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